

Caswell Senior Center

The mission of the Caswell Senior Center is to enrich the lives of Caswell senior adults by responding to their diverse needs and interests.

Gadabout Travel News

Let's Check Out the Bargains at the Farmers Market

Wednesday

April 30, 2025

Join us as we travel to the NC State Farmers Market in Raleigh. This market is one of largest and has fruits , vegetables, plants and more.

There are crafters, bakery items, ice cream, wines and much more. Enjoy lunch at one of the restaurants, State Farmers Market Restaurant and NC Seafood Restaurant at the Market.

After we finish at the market we will travel to Chapel Hill to Wegmans Grocery. Wegmans originated in Rochester, NY in January 1916 and is a privately owned chain. Wegmans is a large market with a variety of departments from bakeries, cheese and so much more. They also have a variety of restaurants that are part of the store.

They say that visiting Wegmans Grocery is an experience.

We will leave the senior center at 8:30 am and return by 5:00pm. Cost for the trip is \$20. Registration will begin on Friday April 11 @ 8:30 am.

You can only register yourself



Hours of Operation:

Monday - Friday

8:00am-5:00pm

Learn about Acrylic Painting

w/ Dawn Compton

Wednesday April 09

1:00 pm

Acrylic paint is a *versatile* medium that allows a painter to bring their artistic vision to life. It offers the flexibility to create detailed work, layering and textured techniques. Acrylic paint is less expensive than oil paint, but also provides a great value for your money. Come explore the basics of acrylic painting and create a masterpiece.

All materials will be supplied. Cost for class will be \$5.00. First class will be discussing the basics and starting a picture. There will also be a discussion of how often you would like to have this class.

Please RSVP, seats are limited



The art of data visualization

Senior Services

- Information and Referral
- Fitness Health Promotion
- Senior Games
- Transportation Medical/General
- Caregiver Classes
- Cancer Relief Fund
- Energy Assistance
- Medicare/Medicaid Benefits
- Job Training Placement, NCBA
- Telephone Reassurance
- Durable Medical Equipment
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Caregivers Support Program
- Congregate/Home Delivered Meals
- Insurance Counseling (SHIIP)
- Veteran Services
- Wig Closet



Hours of Operation:

Monday - Friday

8:00am-5:00pm

336-694-7447

Senior Center Happenings

Breakfast and Conversation —April 9 & April 23

Join us every **4th Wednesday at 9:00 am** for coffee and conversation with other Veterans. The Senior Center sponsors a lite breakfast with coffee and juice to all Veterans. Breakfast provided by Central Ruritan Club of Yanceyville. Laura Foy with AuthoraCare will join us to talk about Dementia.



Veterans Service Officer

Wednesday April 9 and April 23

Wanda Jones will join us on the dates listed above and available to all Veterans and their families. Time to see her 11:00 am—1:00 pm and are on a first come first serve basis. She does not leave until she has seen everyone.



Paint with Carol — Thursday April 10 @ 9:30 am

Stop by and join Carol in painting a floral scene. It is a great time to spend with other “painters” and you will go home with a special picture you can keep for yourself or share with someone you love.



Movie & Popcorn—Friday April 25 @ 10:00

Come on down and join us for morning movie. We will be showing “The Forge”. The Forge is a faith based venture with laughter, heartfelt inspiration, bold themes and new twist. Grab a bag of popcorn, a drink



Shred Day-Save the Date– May 16th

Mark your calendars to bring all those things you’ve wanted to shred,
More information in the May newsletter

Save The Date

April 24—Caswell Farmers Market Opens

Every Thursday 4:00 pm—6:30 pm

May 2nd —Return of First Fridays 7:00 pm

Food for purchase, Music by the “Andy Burnette Trio” & a Car Cruise in

May 3rd—Baldwin Farms presents “Baldwin Spring Farm Day”

10:00 am—3:00 pm- Craft Vendors, food, and wagon rides

April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>\$\$ = Charge for Class</p>	<p>1 8:30 Fit-4-Life \$\$ 9:00 Choir 9:30 Congregate Meets—SCAM JAM</p>	<p>2 10:00 -Congregate Meets—Autism Awareness 11-1 Veterans Service Officer 1:15 Yoga w/Frank\$\$</p>	<p>3 10:00 Congregate Meets—How Many Different Animals live in the Sea</p>	<p>4 8:30 Fit-4-Life\$\$ 9:30 Line Dance 10:00 Congregate Meets—BINGO</p>
<p>7 10:00 Congregate Meets— Amazing Facts About April 10:00 T'ai Chi \$\$ (in craft room)</p>	<p>8 8:30 Fit-4-Life \$\$ 9:00 Choir 9:30 Congregate Meets—Zoo Lovers Day No Tech Drop-in</p>	<p>9 10:00 -Congregate Meets—Horse Shoes 11-1 Veterans Service Officer 1:00 Paint w/Acrylics\$\$ 1:15 Yoga w/Frank\$\$</p>	<p>10 9:3 am Paint w/Carol \$\$ 10:00 Congregate Meets— VA Rep-Talks Benefits No Tech Class</p>	<p>11 8:30 Fit-4-Life\$\$ 9:30 Line Dance 10:00 Congregate Meets— How Important Breathing is to our Health</p>
<p>14 10:00 Congregate Meets—Move to the Groove 10:00 T'ai Chi \$\$ (in craft room)</p>	<p>15 8:30 Fit-4-Life\$\$ 9:00 Choir 10:00 Congregate Meets—Food Safety 10-12 Tech Drop-in</p>	<p>16 9:00 Advisory Comm. 10:00 Congregate Meets—Dominoes 1:15 Yoga w/Frank\$\$</p>	<p>17 10:00 Congregate Meets—Crafts with Betty 10:00 Tech Class</p>	<p>18 Closed </p>
<p>21 10:00 Congregate Meets—Bailee w/ Co-op. Ext. Talks Back Yard Chickens 10:00 T'ai Chi \$\$ (in craft room) 3:30-Wreath Making \$\$</p>	<p>22 8:30 Fit-4-Life\$\$ 9:00 Choir 10:00 Congregate Meets—The Senior Cleft Singers join us 10-12 Tech Drop-in Charleston Trip Leave</p>	<p>23 9:00 am— Veterans Breakfast 10:00 Congregate Meets— Corn Hole 10:00 Scrapbooking 11-1 Veterans Service Officer 1:15 Yoga w/Frank\$\$</p>	<p>24 10:00 Congregate Meets— Devotion w/ David Owen 10:00 Tech Class Charleston Trip Returns</p>	<p>25 8:30 Fit-4-Life\$\$ 9:30 Line Dance 10:00 Congregate Meets—Movie of the Day-The Forge</p>
<p>28 10:00 Congregate Meets—National Parks Week. How Many are There? 10:00 T'ai Chi (in craft room)\$\$</p>	<p>29 8:30 Fit 4 Life \$\$ 9:00 Choir 10:00 Congregate Meets-Birthday Bingo</p>	<p>30 10:00 Congregate Meets-Let's Play Ping Pong 1:15— Yoga w/ Frank</p>	<p>Follow us on Facebook! "Caswell County Senior Center"</p>	

Let's Go to Iceland

The Land of Fire & Ice

September 28—October 05, 2025

\$3999.00 per person Double Occupancy

Call for Single Rate

We will be Traveling to Iceland to see the beautiful Lagoons, Glaciers, the Northern Lights and much more. Experience a traditional Viking dinner, enjoy other unique food and a ride on an Amphibian Boat in Glacier Lagoon. Your cost includes airfare from RDU (non stop), hotel, breakfast, 2 lunches & 4 dinners.

Insurance is \$438 per person

Deposit is \$250 and due now. Final payment due Friday August 01.

We hope you will come join for a great trip.

Contact Jeannine Everidge for more information



Wreath Class

Monday April 14

3:30 pm

Jennifer is back. She will join us to make a cross wreath just in time for Easter. It will not be exactly like the one above but similar. You do not need to bring anything. Cost for the class will be \$20 to help cover the cost of materials. You can register for the class beginning Wednesday April 9th at 8:30 am (you can only register yourself)

Seats are limited

