

Location:

Caswell Senior Center











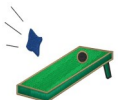


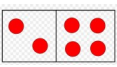


Activities: 10:00 AM

Luncheon: 11:30 AM

July 2024

Senior Center Golden Friends



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p>  <p>NATIONAL POSTAL WORKER DAY</p>	<p>2</p> <p>Senior Tar Heel Legislature Updates</p> 	<p>3</p> <p>Let's Play Horseshoes</p> 	<p>4</p> <p>Senior Center Closed</p> 	<p>5</p> <p>The History of Independence Day</p>
<p>8</p> <p>National Hot Dog Month</p> 	<p>9</p> <p>Senior Clef Singers Bless Us In Song</p> 	<p>10</p> <p>Table Tennis</p> 	<p>11</p> <p>Hotter Than the 4th Senior Dance</p> 	<p>12</p> 
<p>15</p> <p>Chair Exercises</p> 	<p>16</p> <p><i>Angela Childers</i> Discusses Health Tips for Seniors</p>	<p>17</p> <p>Corn Hole</p> 	<p>18</p> <p>Crafts w/ Doris & Savannah</p>	<p>19</p> <p>Let's Dance</p> 
<p>22</p>  <p>Parents DAY</p>	<p>23</p> <p>Senior Nutrition w/ <i>Sonya Patterson</i> Of NC Cooperative Extension</p>	<p>24</p> <p>Domino Challenge</p> 	<p>25</p> <p><i>Tyler Cobb</i> Cooperative Extension Tech Guru</p>	<p>26</p>  <p>Lunch on Farmer Lake You must reserve your spot w/ Rev. Walker</p>
<p>29</p> <p><i>Marquise Carlisle</i> Lincoln Heritage Insurance Info & Bingo</p>	<p>30</p> <p>Birthday</p> 	<p>31</p> <p>Enjoy Your Favorite Outdoor Game</p>	<p>Call 336-694-7447 For Additional Information</p>	