



CASWELL SENIOR CENTER

THE MISSION OF THE CASWELL SENIOR CENTER IS TO ENRICH THE LIVES OF CASWELL SENIOR ADULTS BY RESPONDING TO THEIR DIVERSE NEEDS AND INTERESTS

GADABOUT NEWS

HAPPY NEW YEAR CASWELL
COMMUNITY!

Let's Talk Trips

Tuesday January 21 at 1:00pm-3:00pm
(Floating). We will be sharing information
about trips we are looking at for 2025. We will
also be asking that you fill out our
questionnaire about where you want to go on
day trips. We hope that you will stop by and let
us know where you want to travel. There will
be light refreshments provided.

Save the Date!

Caswell Senior Center's Advisory Committee
will host a "Valentine's Day Soiree" on Friday
Feb. 14 at 5:30pm. There will be a live band,
steak dinner and lots of FUN! Location to be
determined. The Cost is \$15 singles and \$25
per couple. Dress is Casual/Formal, no jeans.

Notes from Jeannine

The Importance of Senior Centers

As I am writing this Christmas is fast
approaching. And I am thinking of how
many have stopped in to tell me or
one of the staff members how much
they appreciate being able to come
here and be with others. I sometimes
do not think that people realize how
important senior centers are.

Senior Centers offer a place for
senior adults to come to be with
others instead of sitting at home
staring at the TV all day. It provides a
safe haven for those who are
widowed, a place to enjoy coming to
every day and seeing those you have
formed a friendship with. A chance to
get some exercise, learn to paint, play
bingo, or learn to line dance. So when
you think that the senior center is for
old people, think again. It is for those
who want to remain active and live
longer! Happy New Year

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Senior Center Happenings

Veterans Breakfast and Conversation

Wednesday January 22 @ 9:00 am

Breakfast and Conversation is back and we are ready to start 2025 by having you all back. All Veterans are welcome, whether you are young or seasoned come on and join us. If you have topics that you would like to have someone speak on let Fred or Jeannine know. Happy New Year



Veterans Service Officer

Our Veterans' Service Officer, Wanda Jones, will be at the Center **on January 8 & January 22**. Appointments are first come, first serve beginning @ 11:00 am



Blood Pressure Checks

Benton Kay will join us to check blood pressures on **Thursday January 16 at 10:30am**.

Paint Class with Carol

Carol Dodson will join us on **Thursday January 16** for paint class at 9:30 am. Cost for the class is \$3.00. Registration Required. Seats are limited



Friday Films

Join us **Friday January 24 at 2pm** for a Friday Film featuring one of all our favorites, "Mary Poppins". Popcorn and Cookies included.




Blood Drive Wednesday January 22 9:30 am– 2:30 pm

OneBlood will join us once again in hopes those who can will donate blood. There is always a need and especially when there are so many natural disasters. Please plan to join us on the 22nd and donate. Go to OneBlood. Org and look for Caswell County Government to register.



**Be The Peace You Want to See
In the World!
Martin Luther King , Jr.**





Thank you for your
Meals On Wheels
Gifts and Support!
Merry
Christmas

AND HAPPY NEW YEAR
FROM THE CASWELL
COUNTY SENIOR CENTER!

Digital Skills Classes w/ Tyler Cobb

All classes will take place at the Senior Center

Thurs. January 9 #1 Class 10:00am

Computers (Hardware and Software)

Tues. January 14 Tech Drop-in 10:00 am

Thurs. January 16 #2 Class 10:00 am

Phones (Learn to navigate)

Tues. January 21 Tech Drop-in 10:00 am

Thurs. January 23 #3 Class 10:00 am

Computers (Microsoft Word)

Tuesday January 28 Tech Drop-in 10:00am

Thurs. January 30 #4 Class 10:00am

Phones (Learning symbols)