

Location:

Caswell Senior Center

Activities: 10:00 AM

Luncheon: 11:30 AM

October 2024

Senior Center Golden Friends

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <i>Devotional Time w/ Jalessa Hardin</i>	2 Corn Hole Y'all 	3 A Visit From The Library	4 Trivia Challenge TV Shows from the 50's & 60's
7 Chair Exercises 	8 <i>Stephanie Bias Fraud & Scams</i>	9 TableTennis 	10 Cowboy Day <i>Saddle Up</i>	11 Let's Stretch Our Bodies
14 Let's Sail With Columbus 	15 Birthday 	16 Domino Challenge 	17 Crafts w/ Doris & Savannah  Sign up w/ Rev. Walker	18
21 Domestic Violence How Do We Stop It?	22 	23 Play Your Favorite Board Game	24 <i>Community Paramedic Angela Childress</i>	25 
28 Breast Cancer Awareness 	29 <i>Joy Tracy How To Prevent Food Waste</i>	30 Bullying Is Not OK	31 	Call 336-694-7447 For Additional Information