



Merry Christmas

## CASWELL SENIOR CENTER

THE MISSION OF THE CASWELL SENIOR CENTER  
IS TO ENRICH THE LIVES OF CASWELL SENIOR  
ADULTS BY RESPONDING TO THEIR DIVERSE  
NEEDS AND INTEREST

### Gadabout News

The Real Christmas Story

**Saturday December 14**

Join us as we travel to Fort Mill, SC (just below Charlotte) to see NarroWay's Production show about Christmas. You will enjoy favorite Christmas scenes, hear your favorite Christmas songs and then watch the wonder as NarroWay re-creates the REAL Christmas story.

You will enjoy a traditional turkey and dressing lunch then sit back and enjoy the show. There are two parts to the show. The first will share with you the story of Santa Clause with the second half sharing with you the REAL reason for Christmas.

Enjoy the live animals that are part of the show as well as the joy of the children who are part of the story along with baby Jesus.

We will leave the center at **8:00 am and return by 6:30 pm**.  
**Cost will be \$75 (ticket & bus)**. Registration begins on Tuesday December 02 at 8:30am. This is open to Gadabout members first (tickets are limited)

### *Notes from Jeannine*

Season's Greetings from the Senior + Center.

I can't believe Thanksgiving is around the corner and before we know we will be celebrating Christmas.

As we look forward to the coming year I am once again asking for your input as to what you would like to see us offer in 2025. Do you want more exercise classes? Craft, book clubs, etc...

We will be sending out surveys with the January newsletter. Please take a moment and complete it and return to the senior center. Let us know what you are looking for at your senior center.

We will also be planning a Gadabout meeting in January to talk about the trips listed in this newsletter and more. Stay tuned for that date.

From all of us at the senior center, we wish you peace and joy during the Thanksgiving Holiday.



649 Firetower Rd • PO Box 1405, Yanceyville, NC 27379 • (336) 694-7447

## Shopping Trip to Hamrick's

### Wednesday December 11

8:30 am

December 9-14 is bus week at Hamrick's and we know you are ready to pick up some Christmas deals. Check out the signature designs, kitchen gadgets, handbags and more. Once we leave Hamrick's we will head to Golden Coral for lunch and then on to Friendly Center.



Registration will begin on Tuesday December 03 at 8:30 am.



### 2025 Trips

I've been looking at some ideas for trips and decided to throw them out there to see what everyone thinks. If interested call the center and let either myself or Jan know. Nothing has been set in stone.

- 1) Springtime in Charleston-April 22-24 \$499/double occupancy
- 2) Mount Rushmore & Black Hills of South Dakota June 16-21 \$2499/double occupancy
- 3) Iceland: Land of Ice and Fire \$3999 /double occupancy
- 4) Bahamas Cruise December 7-13 \$1099/double occupancy  
Inside cabin-\$1299/double occupancy Outside cabin - \$1599/double occupancy Balcony cabin. Carnival Cruise line

Give us a call and let us know what you think

### Senior Services

- Information and Referral
- Fitness Health Promotion
- Senior Games
- Transportation Medical/General
- Caregiver Classes
- Cancer Relief Fund
- Energy Assistance
- Medicare/Medicaid Benefits
- Job Training Placement, NCBA
- Telephone Reassurance
- Durable Medical Equipment
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Caregivers Support Program
- Congregate/Home Delivered Meals
- Insurance Counseling (SHIIP)
- Veteran Services
- Wig Closet



Hours of Operation:

Monday - Friday  
8:00am-5:00pm  
336-694-7447

# December 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p>10:00 Congregate Meets— Seasonal Affective Disorder- What is it?</p> <p>10:00 T'ai Chi (in craft room)\$\$</p>	<p><b>3</b></p> <p>8:30 Fit-4-Life \$\$</p> <p>9:30 Choir to Reidsville</p> <p>9:30 Congregate Meets—Sonya Pat- terson w/ Coop. Ext.</p> <p>10-12 Tech Drop-in</p>	<p><b>4</b></p> <p>8:30-Christmas Breakfast</p> <p>10:00 -Congregate Meets—Table Tennis</p> <p>11:00 Veteran's Service Officer</p> <p>1:15 Yoga w/Frank\$\$</p>	<p><b>5</b></p> <p>10:00 Congregate Meets— Devotional w/ Pastor Lee</p> <p>10-12 Tech Class #1 Scams on the Internet and Phone</p>	<p><b>6</b></p> <p>8:30 Fit-4-Life\$\$</p> <p>9:30 Line Dance</p> <p>10:00 Congregate Meets— Let's Play Family Feud</p>
<p><b>9</b></p> <p>10:00 Congregate Meets— Birthday Bingo</p> <p>10:00 T'ai Chi (in craft room)\$\$</p>	<p><b>10</b></p> <p>8:30 Fit-4-Life \$\$</p> <p>9:00 Choir to Danville</p> <p>9:30 Congregate Meets—Library Trip</p> <p>10-12 Tech Drop In</p>	<p><b>11</b></p> <p>10:00 -Congregate Meets—Corn Hole</p> <p>1:15 Yoga w/Frank\$\$</p>	<p><b>12</b></p> <p>10:00 Congregate Meets— Craft w/Dors and Savannah</p> <p>10-12 Tech Class#2 "Learning to use Google"</p>	<p><b>13</b></p> <p>8:30 Fit-4-Life\$\$</p> <p>9:30 Line Dance</p> <p>10:00 Congregate Meets— Let's Line Dance</p>
<p><b>16</b></p> <p>10:00 Congregate Meets— Bill of Rights Do You Know What it Says?</p> <p>10:00 T'ai Chi (in craft room)\$\$</p>	<p><b>17</b></p> <p>8:30 Fit-4-Life\$\$</p> <p>9:00 Choir</p> <p>10:00 Congregate Meets—Let's Enjoy the Senior Clef Choir</p> <p>10-12 Tech Drop-in</p>	<p><b>18</b></p> <p>9:00 Advisory Comm</p> <p>11:00 Veteran's Service Officer</p> <p>10:00 Congregate Meets—Domino Challenge</p> <p>1:15 Yoga w/Frank\$\$</p>	<p><b>19</b></p> <p>9:30am Paint w/Carol</p> <p>10:00 Congregate Meets— What Topics are on the Senior Tar Heel Legislature's Agenda?</p> <p>10:00 Tech Class #3 "Learn to TEXT on your</p>	<p><b>20</b></p> <p>8:30 Fit-4-Life\$\$</p> <p>9:30 Line Dance</p> <p>10:00 Christmas Bingo</p> <p>2:00 Friday Films "It's a Wonderful Life"</p>
<p><b>23</b></p> <p>10:00 Congregate Meets— Lets make a Christmas card and book mark</p> <p>10:00 T'ai Chi (in craft room)\$\$</p>	<p><b>24 CLOSED</b></p> 	<p><b>25 CLOSED</b></p> 	<p><b>26 CLOSED</b></p> 	<p><b>27</b></p> <p>8:30 Fit-4-Life\$\$</p> <p>9:30 Line Dance</p> <p>10:00 Congregate Meets-Movie Day "The War Room"</p>
<p><b>30</b></p> <p>10:00 Congregate Meets—How Was Your Christmas</p> <p>10:00 T'ai Chi (in craft room)\$\$</p>	<p><b>31</b></p> <p>8:30 Fit-4-Life \$\$</p> <p>9:00 No Choir</p> <p>9:30 Congregate Meets—What are Your New Years Resolutions</p>			<p>Follow us on Face- book!</p> <p>"Caswell County Sen- ior Center"</p>



You're invited to our

# CASWELL COUNTY SENIOR CENTER TOURS

Activities Include:

Fitness Center Orientation  
& Classes

Line Dancing and Choir  
Practice

Crafts & Art Classes

Coffee, Lunch & Friends

Table Tennis & Billards

Tech Drop In & Classes

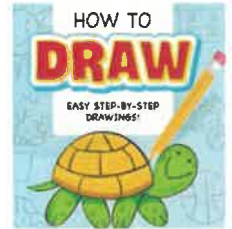


CALL: 336-694-4857

# Senior Center Happenings

## Beginners Drawing Class Starting Wednesday January 15 @ 10:00 am

Have you always wanted to learn to draw? This is your chance. Mike Stanley will join us on January 15th with a basic drawing class which will lead up to drawing pictures and then on to water colors and moving on to oil paintings. Come join us and become the Picasso you have always wanted to be. There is no charge for this class. Call the center to register.



## Breakfast and Conversation-(Will not meet in December)

### Veterans Service Officer

Our Veterans' Service Officer, Wanda Jones, will be at the Center on Wednesday December 4 & December 18, Appointments are first come, first serve beginning @ 11:00 am



### Blood Pressure Checks

Benton Kay will join us to check blood pressures on Thursday December 19 at 10:30am.

### Paint Class with Carol

Carol Dodson will join us on Thursday December 19 for paint class at 9:30 am. Cost for the class is \$3.00. Registration Required. Seats are limited



### Cardio Drumming

We will resume Cardio Drumming in 2025

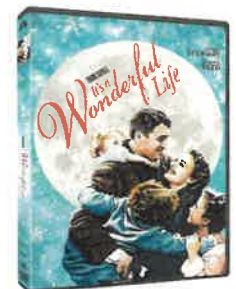
### Diabetes Class

The Senior Center will offer a Diabetes Class every Thursday beginning January 9 to February 13. Class will meet from 12:00 to 2:30. Topics covered will include healthy eating, physical activity, medications and more. Registration is required. Please call Christine at 336-904-0300



### Friday Films

Join us Friday December 20 at 2pm for a Friday Film featuring one of all our favorites, "It's a Wonderful Life". Popcorn and Christmas Cookies included.



**Save the Date**  
**Caswell Farmers "Christmas Market"**  
**December 19th**



JOIN US FOR A

# CHRISTMAS BREAKFAST

DECEMBER 4, 2024

8:30AM - \$8

649 Fire Tower Road, Yanceyville, NC 27279

Join the Caswell Senior Center,  
Bake Sale, Raffle, Door Prizes &  
Breakfast

Raffle Ticket Cost: 1 for \$2 or 3 for \$5 (Crochet  
Quilt, Men & Women's Baskets & More...)

Baked Good donations are welcomed

FOR MORE INFO CALL

336-694-7447