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Message from the Health Director

When people are asked about services at the Health Department, the immediate answer often focuses on sexually transmitted infections and birth control. However, there is so much more to Health Department services. The Health Department, in fact, provides a variety of health services, both to keep you healthy, and if you are sick, to get you well. All three divisions of Caswell County Health Department (CCHD) work together to provide for every aspect our patients' health, but also to provide for the public's health.

In the CCHD clinic, two highly qualified, full-time nurse practitioners are available for diagnosing and treating acute and chronic illnesses, such as high blood pressure, diabetes, high cholesterol, and asthma—providing primary care to adults and children. Kelly Cobb, FNP joined the clinic staff in July. Kelly says, "I love this county and I am so excited to be able to work here. I am thrilled to be able to provide high-quality, affordable primary care to my neighbors." In addition, the Health Department will soon be able to treat minor injuries including cuts, sprains, and strains. Furthermore, the Health Department offers prenatal care, well-child check-ups, sports and pre-employment physicals. Of course, traditional "health department" services are offered through testing and treatment for sexually transmitted infections, communicable diseases, immunizations, and tuberculosis, as well as reproductive planning for men and women. Women, Infants, and Children (WIC) also falls under the



Newsletter Editor:
Paula P. Seamster





Message from the Health Director (cont'd.)



Health Department's services. WIC promotes healthy habits and provides basic nutritious foods rich in protein, iron, calcium, fiber and vitamins to support growth and development. Participants receive WIC food instruments and cash-value vouchers to use at authorized retail grocery stores and pharmacies. And, did you know, CCHD accepts Blue Cross and Blue Shield, as well as many other insurances, so it is a great choice for Caswell County employees? In addition, a sliding fee scale is available for people who are uninsured or under-insured. Stay tuned, because the Health Department is currently exploring new opportunities to provide employee health and wellness services to county employees. We hope county employees and their families will take advantage of the quality health care services offered at CCHD.

You may be unaware, but CCHD is unique in that we are one of the few health departments across North Carolina that offers home health services. Our services include skilled nursing, home health technician, Physical and Occupational Therapy. These services are provided in the home to people that are home bound and under the care of a physician. We provide services to all age groups from infants to older adults. We accept Medicare, Medicaid, and most insurances. Skilled nursing provides 24/7 on call care as needed and can assist with the following, but not limited to: foley care, wound care, diabetic monitoring, Intravenous (IV) administration, tube feedings, lab draws, injections, ostomy care, medication management, post-hospital or rehabilitation follow up, and any medical teaching needs. In addition, we also can provide Home Health Technicians which can assist with activities of daily living (ADLs) such as bathing, shampoo, shaving, and range of motion exercises. Other unique services we provide are Physical Therapy (PT) and Occupational Therapy (OT) which can assist with setting up a home exercise program, assist with ADL Training (such as bathing, cooking, etc.), gait and ambulation assistance, prosthetic and transfer training, home safety assessments, total joint replacements, equipment evaluations, and fall assessments. We believe that patients can recover quickly and more effectively in the familiar surroundings of their home. Our goal is to provide high quality home care while understanding that each client has unique needs. If you feel that someone could benefit from our services or you need more information please call our office at (336) 694-9592 Ext. 120.



Lastly, the Environmental Health Division provides a broad range of services that protect and promote the health of Caswell County residents. Environmental Health performs inspections and permitting for restaurants, private septic systems, and wells. Environmental Health Specialists also provide education and consultation to the public, investigate complaints, and provide management and leadership for special community projects that involved environmental issues. The Environmental Health Office is located on Main Street beside the Yanceyville Post Office and can be contacted by calling (336) 694-9731.

Dolly Clayton, Health Director

Employee Appreciation Luncheon



Senior Center News



We'd like to introduce the new Administrative Assistant for the Caswell County Senior Center, Rodi Jeffries. Rodi was born and raised in Caswell County. She graduated from Bartlett Yancey High School in 2012, and later attended the

University of North Carolina Pembroke to study Criminal Justice. Rodi is happy to be a part of the team and hopes to get to know everyone. If you are in the area please stop by and introduce yourself and make Rodi feel welcome.

Movie Afternoons at the Senior Center

Each month, the Senior Center hosts a movie afternoon with drinks and popcorn for all local seniors. January's feature presentation is *Hachi: A Dog's Tale*. This heartwarming true story is an American adaptation of a Japanese tale about a loyal dog named Hachi. This very special friend would accompany his master to the train station every day and return each afternoon to greet him after work. His master goes to work and doesn't come back. Hachi returns to the same spot every day until the last day of his life. During his daily visits, Hachi touches the lives of many who work near and commute through the train station square. The movie will be shown on Monday, January 23 at 1:15pm in the day room of the Senior Center. All future movie dates and titles will be released in monthly newsletters published by the senior center.



Family Services of Caswell County
“Working to End Domestic Violence”



On behalf of Family Services of Caswell County, Domestic Violence Prevention Agency we would like to thank everyone for your support and donations to our agency. 1 in 3 women experience some form of domestic violence in their lifetime. This means that someone YOU know is likely struggling with domestic violence. As our agency motto says, we are “Working to End Domestic Violence” in our community but we need your help.

Our agency has gone through many changes and challenges in the past year, but, gratefully, we are still operating, growing, and providing much needed services to victims of domestic violence. Sadly, our shelter was closed in January, but due to arrangements with nearby domestic violence agencies, we are still able to provide safe shelter for victims who need this service. Other services we provide include a 24/7 crisis line, court advocacy, counseling, transportation, referrals to other local resources, financial assistance, and access to food, clothing, toiletries, and household goods.

In October, we held our first candlelight vigil to honor those whose lives were lost due to domestic violence. We were grateful to all those who stood with us to shed light on this issue. It is our hope, that by spreading knowledge of domestic violence that we can help those who are trapped in abusive relationships by providing the support needed to break free and live an empowered and violence-free life.



We would like to especially thank everyone who donated toys, clothing, household goods, and money this holiday season. Thanks to your generosity, we were able to help 10 ten families during this holiday season.

We truly hope you will consider helping us in our quest to end domestic violence and help each victim start the journey to becoming a survivor.

*Francina Jones-Program Director , Teresa Robert-Case Manager,
Darla Atkinson-Court Advocate/Outreach Assistant, &
Maggie Watkins-Life Skills Advocate*

Parks and Recreation New Year's Teen Dance Party

The Caswell County Parks and Recreation will host a New Year's Teen Dance Party on January 6, 2017 at the Gymnasium from 8:00 p.m. to 11:00 p.m. This dance is for ages 14 to 18 years old. For information call Brandon or John at 336-694-4449.

*Submitted by: Brandon Enoch,
Parks and Recreation Director*



911 NEWS

911: Call If You Can – Text If You Can't Call

Intruders break in your house, you run to hide in the closet and call 911. The dispatcher answers and you try to whisper your information but fear the intruders will hear your voice. Or you are on the road late at night when a deer runs out in front of you and your car goes off the road. You have no signal to call 911 but you need help. What do you do?! You text!! Text to 911 is now available to the Caswell County 911 Dispatchers. “Even though we are a small county, we have already got it in operation,” said Harvey Rudd, “whereas some of the larger counties in North Carolina still don't have it.”

Originally texting was for the deaf or someone who couldn't speak. “If they get in a position where they can't actually call 911 because of the signal strength, they can text,” explained Rudd. “But it's not designed for someone just riding through town. It is one of the last resorts. It is better for us to talk directly to them.” Rudd said.

911 Dispatchers must ask questions and there is a good reason for that. It is for your safety and the safety of the responding personnel. We need to know what is going on, the location where you need help to come to as well as other vital scene and situational information. Texting can prove to be a lifesaving tool but remember texting back and forth takes time and may not be the best means to provide the most needed information in your situation and should only be used as a last resort.



Gunn Memorial Public Library Events Jan/Feb/March - 2017

Tutoring – We need volunteers

The library has tutoring every Monday at 3:30. We need more volunteers! If you are interested in volunteering an hour of your time to help and child improve their grades and self-confidence, call the library at 336-694-6241 for more information.

Library Programs:

Children's Programs:

Tuesdays @ 3:30 – Book Baggers (Ages 6 – 12)

Wednesday @ 10:00 – Lambs and Lambs (Ages 0 – 5) Animals A-Z

Teen Programs: Thursdays @ 3:30 Teen Programs

Adult Programs:

Book Club

The Book Club meets the 2nd Monday of each month. Call Rebecca Foster to find out what book is being read and to pick up a copy! 336-694-6241

Resume and Career Assistance - Book-A-Librarian

The Caswell County Public Library is proud to continue to provide one-on-one assistance for job searches, resumes, and cover letters. A grant via the State Library has allowed the library to hire three temporary part-time employees to help people at the library with career questions and concerns. In addition, the program provided a successful job fair at the library that helped more than 25 people looking for employment! If you are interested in one-on-one job seeking assistance, just call 336-694-6241 and ask to “Book-A-Librarian”.

Christmas Parade!

Library staff and patrons enjoyed riding in the Christmas parade on the library float: “Where Books Come to Life!”



New MOVIES at the Library:



The Secret Life of Pets (2016)

PG | 87 min | Animation, Adventure, Comedy |

Taking place in a Manhattan apartment building, Max's life as a favorite pet is turned upside down, when his owner brings home a sloppy mongrel named Duke. They have to put their quarrels behind when they find out that an adorable white bunny named Snowball is building an army of lost pets determined to take revenge.

Goofs:

In the hot dog factory scene, 'Wiener' is misspelled as 'Weiner'. Every. Single. Time.

This New Year

Aleena

Even during the worst of times, When I feel the years go slipping by, Life Seems rife with possibilities, When the New year arrives.

Buoyed by hope at the New year coming, I feel renewed and want to start living, This year I'll travel and see the sights, I'll be bold, I'll be courageous.

I'll reach out and go beyond. I might even try being flirtatious! I'll be a new fish in a brand new pond. This new year I'll be brave and I'll be strong.

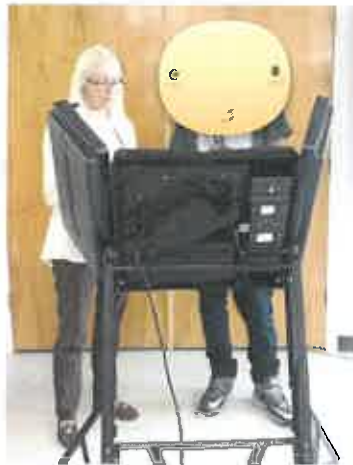
Even though time does fly. I won't let this year be wasted. I'll look forward to new adventures, And be open to opportunities I am graced with.

I'll learn and laugh and have good times. I won't dwell on years gone by. I'll start each new morning a brand new way. I'll pretend it is New Year's Day!

Youth O/E Program

In October Kamara, Mrs. Brenda Day (Chair of the JCPC) and I attended the N.C. Juvenile Services Association Fall Conference at Carolina Beach. There were a variety workshops to choose from, informative speakers and networking with other counties across the state.

The Life Skills students had a workshop called, *“Happy 18th Birthday”* where we discussed the pros and cons to turning 18. We visited the Caswell County Board of Elections where Terrie Young explained the history and process of voting. The youth had some very interesting questions for her. They were also allowed to mock vote. Terri explained to them about ‘writing in a vote’ thus Tupac for President.



Francina Jones (Family Services) and I joined the Halloween fun and dressed up. Candy was given out in the lobby to the Trick-or-Treaters.



Youth O/E Program (cont'd)

November 2nd the JCPC hosted their annual Public Awareness Luncheon. William Lassiter, Deputy Commissioner for Juvenile Justice Division of Adult Correction and Juvenile Justice Department of Public Safety, was our guest speaker. His presentation *Early Intervention = Bullying Prevention* was an educational eye opener. According to the N.C. Youth Risk Behavior Survey (YRBS): 2011, 42% of middle school students and 20% of high school students in North Carolina have been victims of bullying. Bullying research followed the same students throughout their school career and until they were 27 years old. The research found that 60% of bullies identified had been convicted of at least one criminal offense by age 24, 40% of bullies identified had been convicted three times or more by age 24. Targets of bullying were 7 times more likely to be a victim of domestic abuse. Bullied boys are four times more likely to be suicidal and bullied girls are six times more likely to be suicidal. Guest raged from parents to the school system to churches to the Senator. If you would like a copy of Mr. Lassiter's presentation, please email me at tpegg@caswellcountync.gov.



December 20th we hosted a Teen Court Christmas Celebration for our volunteers. These youth, and adults, go over and beyond supporting the program and their community and we appreciate each of them!



Happy Birthday!

		JANUARY
JENNIFER EASTWOOD	HEALTH	2
YVETTE WILLIAMS	DSS	3
ANTHONY BIGELOW	DETENTION	4
DESIREE BENSON	SENIOR SERVICES	6
ELLIOTT ENOCH	DETENTION	6
ROBERT WEBB	IT	7
DON LOPER	DSS	10
REBECCA LEE	TAX DEPT	10
TEDRA PYLES	DETENTION	11
CONTINA WILSON	E-911	13
MICHELLE WADDELL	DSS	13
JOSHUA COX	DETENTION	15
JAMES SHELL	SHERIFF	16
MARIA CABLE	HEALTH	17
STERLING CARTER	COMMISSIONER	17
CYNTHIA WILLIAMSON	SHERIFF	18
DENISE WILKINS	HEALTH	18
AUDREY SIMPSON	DSS	19
MEL BROWN	CATS	20
JOHN GUNN	DETENTION	21
MAVERICK MUHAMMAD I	EMS	21
JENNIFER MANN	DSS	21
JOEY KNIGHT	COOPERATIVE EXT.	21
LORI OVERMAN	HEALTH	22
JULIE MCSHERRY	TAX DEPT	23
KENNETH TRAVIS	COMMISSIONER	24
RYAN DANIEL	TAX DEPT	24
GREY DONLEY	EMS	25
JOYCE MILLER	HEALTH	26
DON MANGUM	DETENTION	27
APRIL PETTIFORD	DSS	31

Happy Birthday!

		FEBRUARY
TERRI YOUNG	ELECTIONS	2
CHRIS JONES	SHERIFF	2
JACOB DICKERSON	SHERIFF	2
BETTIE KNIGHT	DSS	3
SCOTT NORRIS	SHERIFF	3
MAGGIE WATKINS	FAMILY SERVICES	5
BRANDEN OVERMAN	SHERIFF	5
MARION EVANS	CATS	7
SAMANTHA CAMPBELL	E-911	8
BOBBY BADGETT	DETENTION	10
JANICE GARLAND	DSS	15
SUSAN TROST	DETENTION	15
PAMELA TURNER	HEALTH	16
LUCINDA WILSON	DSS	17
CHRISTOPHER TRUITT	EMS	18
ANNA MARTINEZ	HEALTH	19
HERBERT RUDD	EMS	20
WANDA CONNALLY	DSS	22
MICHAEL GRIGGS	SHERIFF	22
MICHAEL WELCH	SHERIFF	26
REBECA LOPEZ	EMS	26
IRVIN WATLINGTON	CATS	27
TONYA FULLER	FINANCE	27
RENISHA BROWN	DSS	27
HEATHER MASSIE	E-911	27
BRADLEY JORDAN	EMS	28

Happy Birthday!

		MARCH
FERNANDEZ JOHNSON	DETENTION	2
JEAN ROBERTS	ELECTIONS	4
RACQUEL HUGHES	DSS	4
FLORENCE VEREEN	DSS	5
DORIS HYLER	LIBRARY	5
MARY MITCHELL	HEALTH	6
HEATHER TUCK	EMS	6
MATTHEW MANESS	HEALTH	8
RONALD HILL JR.	EMS	9
MARVIN OVERTON	FARMER LAKE	10
JEANNINE EVERIDGE	SENIOR SERVICES	10
DERRICK SMITH	DETENTION	15
GWYNN BRANDON	SHERIFF	16
REGINA BECRAFT	EMS	18
LELIA SHELTON	DSS	20
STEPHANA WOOD	HEALTH	21
SONJA JOHNSON	DSS	21
MORGAN MCCADEN	DETENTION	23
B ARCHER	EMS	24
BONNIE GIBSON	HEALTH	26
BRANDON FUQUA	ANIMAL CONTROL	29
MARY WOMACK	SENIOR SERVICES	31



Upcoming Events

County Commissioners' Meeting

Tuesday, January 3rd & January 17th
Monday, February 6th & February 20th
Monday, March 6th & March 20th



Community Events

Caswell County Blood Drive, Wednesday, January 4th 10:00 a.m. – 2:00 p.m.
Senior Center

Preserving the Past . . .



Embracing the Future!



Caswell Connection Newsletter Staff

Calvin Connally, Maintenance
Rhonda Griffin, Library
Sharon Hendricks, Health
Rodi Jeffries, Senior Services
Jonna Lunsford, DSS
Tonya Pegg, Youth Outreach
Sherry Ramsey, Cooperative Extension
Paula Seamster, Administration
Mindy Satterfield, Human Resources
Melissa Williamson, CATS
Yvette Williams, DSS
Angela Wilson, Administration

